

2+2 Academic Plan  
 COD Associate in Arts to EU Bachelor of Arts in Exercise Science

<b>College of DuPage</b>		<b>Elmhurst University</b>	
	<b>Credits</b>		<b>Credits</b>
<b>Associate of Arts Degree Requirements</b>			
<b><u>General Education Core Curriculum Requirements:</u></b>	<b>37-43</b>	<b><u>General Education Equivalencies:</u></b>	
<p><b><u>Communication:</u></b></p> <p><i>Written:</i> (6 credits) ENGLI 1101 (C1 900) and 1102 (C1 901R) (Grade of "C" or higher required for both courses.)</p> <p><i>Oral:</i> (3 credits) SPEEC 1100 (C2 900) (Grade of "C" or higher required.)</p>	<b>9</b>	<p><b><u>Writing &amp; Reasoning:</u></b></p> <p>ENG 105 Composition I            ENG 106 Composition II</p> <p>COM 213 Public Speaking</p>	
<p><b><u>Mathematics:</u></b>            (Choose only one course from the list of same IAI codes for general education credit. Additional courses with the same IAI code will count as elective credit toward your degree.)</p> <p><i>Mathematics:</i> 1218, 1220, 1533, 2115, 2231, 2232, 2233</p>	<b>3 to 5</b>	<p><b><u>Mathematics:</u></b></p> <p><i>Mathematics:</i> MTH 110 Intro to Concepts in Mathematics and Computing, Math Proficiency Course, MTH 301 Discrete Mathematics, MTH 151 Calculus I, MTH 152 Calculus II, MTH 251 Calculus III</p>	

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<p><b><u>Physical &amp; Life Sciences:</u></b></p> <p>Select one course from Life Sciences and one course from Physical Sciences. (Choose only one course from the list of same IAI codes for general education credit. Additional courses with the same IAI code will count as elective credit toward your degree.)</p> <p><b><u>Life Sciences:</u></b></p> <p><b><i>Biology:</i></b> 1100, 1110, 1151</p> <p><b><u>Physical Sciences:</u></b></p> <p><b><i>Chemistry:</i></b> 1105, 1211, 1551</p> <p><b><i>Earth Science:</i></b> 1101, 1102, 1105, 1110, 1115, 1122, 1124, 1130, 1140</p> <p><b><i>Physics:</i></b> 1100, 1201, 2111</p> <p><b>* Note- While IAI requires one science with a lab, for transfer to Elmhurst, plan on selecting lab courses for both science requirements.</b></p>	<p><b>7 to 10</b></p>	<p><b><u>Physical &amp; Life Sciences Equivalencies:</u></b></p> <p><b><u>Life Sciences:</u></b></p> <p>Biology: BIO 100 Principles of Biology, BIO 105 Environmental Biology, BIO 200 General Biology I</p> <p><b><u>Physical Sciences:</u></b></p> <p><b><i>Chemistry:</i></b> CHM 100 Chemistry in the Natural World, CHM 101 General Chemistry, CHM 211 Chemical Principles I *(note prerequisite)</p> <p><b><i>Earth Science:</i></b> GEO 102 Earth System Science, GEO 105 Intro to Atmospheric Science, PHY 212 Intro to Astronomy</p> <p><b><i>Physics:</i></b> Physical Sciences Area of Knowledge, PHY-111 Introductory Physics I, PHY 121 General Physics I *(note: prerequisite)</p>	
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<p><b><u>Humanities &amp; Fine Arts Requirements:</u></b>          Select one English course* from the Humanities list, one non-English course from the Humanities list and one Fine Arts course. (Choose only one course from the same IAI codes for general education credit. Additional courses with the same IAI code will count as elective credit toward your degree.)</p> <p><b>Humanities:</b></p> <p>English 1130, 1150, 1151, 1152, 2250, 2251, 2252, 2253</p> <p>History 1110, 1120, 1160, 2205, 2220, 2225, 2230, 2235</p> <p>Philosophy 1100*, 1110, 1116</p> <p>Religious Studies 1100, 1150, 2160</p> <p><b>Fine Arts:</b></p> <p><b>Art:</b> 1100, 2211, 2212, 2213, 2214</p> <p><b>Music:</b> 1100, 1104, 1115</p> <p><b>Theater:</b> 1100</p> <p><b>* Note- It is highly recommended one course be PSYCH 1100 or SOCIO 1100 to meet Elmhurst's Cognitive and Behavioral Science requirement.</b></p>	<p><b>9</b></p>	<p><b><u>Humanities &amp; Fine Arts Equivalencies:</u></b></p> <p><b>Humanities:</b></p> <p><b>English:</b> All listed English courses will fulfill the Literature Area of Knowledge for the EU Integrated Curriculum.</p> <p><b>History:</b> All listed English courses will fulfill the Historical Analysis Area of Knowledge for the EU Integrated Curriculum.</p> <p><b>Philosophy:</b> All listed English courses will fulfill the Inquiry into Ethics and Justice Area of Knowledge for the EU Integrated Curriculum.</p> <p><b>Religious Studies:</b> All listed English courses will fulfill the Religious Studies in Context Area of Knowledge for the EU Integrated Curriculum.</p> <p><b>Fine Arts Courses:</b></p> <p><b>Art :</b> Fine Arts Area of Knowledge, ART-341, ART-342, Historical Analysis Area of Knowledge,</p> <p><b>Music:</b> Fine Arts Area of Knowledge, Fine Arts Area of Knowledge, MUS-310</p> <p><b>Theater:</b> THE-227 (Fine Arts Area of Knowledge)</p>	
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<p><b><u>Social &amp; Behavioral Sciences:</u></b></p> <p>Select three (3) courses from at least two different disciplines (Choose only one course from the list of the same IAI codes for general education credit. Additional courses with the same IAI code will count as elective credit toward the degree.)</p> <p><b>Anthropology:</b> 1000, 1100, 1105, 1130, 1200, 1400</p> <p><b>Economics:</b> 2200, 2201, 2202</p> <p><b>Geography:</b> 1100, 1105, 1120, 1130, 1140</p> <p><b>History:</b> 1130, 1140, 2210, 2215, 2260  <b>Political Science:</b> 1100, 1101, 2203, 2220</p> <p><b>Psychology:</b> 1100</p> <p><b>Sociology:</b> 1100*</p> <p><b>* Note- It is highly recommended one course be PSYCH 1100 or SOCIO 1100 to meet Elmhurst's Cognitive and Behavioral Science requirement.</b></p>	<p><b>9</b></p>	<p style="text-align: center;"><b>Elmhurst University Equivalencies</b></p> <p>Completion of THREE courses in this category at College of DuPage satisfies Elmhurst University Integrated Curriculum requirements.</p>	
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<p><b><u>Prescribed General Electives:</u></b></p> <p><b><i>Exercise Science Major:</i></b>          PHYS 2251 Living With Health          PHYS 2254 First Aid and CPR          PHYS 2258 The Science of Nutrition          PHYS 2261 Applied Kinesiology          MATH 1635 Statistics <b>-OR-</b> PSYCH 2280 Statistics for the Social and Behavioral Sciences</p>	<p><b>15-16</b></p>	<p><b><u>Prescribed General Electives Equivalencies:</u></b></p> <p><b><i>Exercise Science Major:</i></b>          KIN 200 Lifestyle for Health &amp; Wellness          KIN 204 Emergency Procedures          KIN 306 Nutrition          General Elective Credit          MATH 345/PSY 355 Elementary Statistics <b>-OR-</b> PSY 355 Statistics for Scientific Research</p>	
<p><b><u>General Electives:</u></b>          Fulfill remaining elective hours from other disciplines.</p>	<p><b>5-18</b></p>		
<p><b>Total College of DuPage Credits</b>  <b>*Elmhurst University will accept up to 70 credits in transfer</b></p>	<p><b>64-70*</b></p>		

		<p><b><u>Exercise Science Major Requirements</u></b></p> <p>KIN 250 Substance Use and Abuse in Society (2)          KIN 310 Functional Anatomy          KIN 320 Human Physiology          KIN 340 Exercise Physiology          KIN 420 Biomechanics          KIN 450 Clinical Internship          KIN 462 Exercise Testing and Prescription          KIN 490 Research Methods in Exercise Science</p>	<p><b>30</b></p>
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		<p><b><u>Remaining Course Credits to be Completed at Elmhurst University:</u></b></p> <p>*** PLEASE NOTE: Students may choose different pathways to complete this coursework.</p> <ol style="list-style-type: none"> <li>1) Selecting Exercise Major &amp; adding a second major.</li> <li>2) Selecting an additional minor or complete credits by taking elective courses.</li> <li>3) Utilize credit hours towards completion of an internship within the field.</li> <li>4) Complete additional coursework needed for graduate studies in Physical Therapy.</li> </ol>	<b>28-34</b>
		<b>Total Elmhurst University Credits</b>	<b>128</b>