

Psychology Degree Map – Transfer to Elmhurst University

The degree map below is an example of how a full-time student can complete the Associates degree in two years at the College of DuPage and the Bachelor’s degree at Elmhurst University (EU). Note the milestones below each semester while attending the College of DuPage.

For Elmhurst University Psychology Major Requirements see bottom of this page.

College of DuPage - First Semester

| Course Number and Title | Credit Hours |
|----------------------------------------------------|--------------|
| PSYCH 1100 – General Psychology | 3 |
| ENGLI 1101 – Composition I | 3 |
| SPEECH 1100 – Fundamentals of Speech Communication | 3 |
| Social & Behavioral Science Class* | 3 |
| Fine Arts Class | 3 |

*If minoring in social work at EU is of interest, SOCIO 1100 is recommended

Other Recommendations

- Take Math Placement Test and begin developmental math sequence, if necessary
- Start attending Psi Beta, Psychology Research Group, and/or Endowment for Future Generations
- Investigate study abroad opportunities
- Register for and attend the Midwest Institute for Students and Teachers of Psychology (if spring semester)

College of DuPage - Second Semester

| Course Number and Title | Credit Hours |
|---------------------------------------------------|--------------|
| Psych “Perspectives” Course (1 of 4) | 3 |
| ENGLI 1102- Composition II | 3 |
| Mathematics Course (if math proficiency not met?) | 3 |
| Life Science Course | 4 |
| Humanities Course | 3 |

Other Recommendation

- Become more involved with clubs (consider running for an officer position)
- Participate in community service (for example with EFG or Psi Beta)
- Consider enrolling in Honors courses if you meet the qualifications
- Work on at least one specific project in Research Group
- Meet with a full-time faculty member in psychology
- Start researching transfer schools, including scholarships and application process

- Register for and attend the Midwest Institute for Students and Teachers of Psychology (if spring semester)
- Consider taking “Psych Bootcamp” at Elmhurst University. It is 3 credit hours and offered the first 2 weeks in January. It is open to any community college students and is designed to give students a “taste” of a 4-year institution, while providing an authentic psychology research experience. Email Dr. Liz Majka at liz.majka@elmhurst.edu for more information. Website Link: elmhurst.edu/psychbootcamp

College of DuPage - Third Semester

| Course Number and Title | Credit Hours |
|-----------------------------------------------|--------------|
| PSYCH 2280 Statistics for Behavioral Sciences | 3 |
| Psych “Perspectives” Course (2 of 4) | 3 |
| Humanities or Fine Arts | 3 |
| 2 Elective Courses | 6 |

Other Recommendations

- Continue work with Psi Beta and Research Group
- Write a first draft of a vita
- Meet with transfer schools of interest
- Begin preparing transfer applications
- Register for and attend the Midwest Institute for Students and Teachers of Psychology (if spring semester); Consider a student poster presentation
- Consider taking “Psych Bootcamp” at Elmhurst University. It is 3 credit hours and offered the first 2 weeks in January. It is only open to community college students and is designed to give students a “taste” of a 4-year institution, while providing an authentic psychology research experience. Email Dr. Liz Majka at liz.majka@elmhurst.edu for more information. Website Link: elmhurst.edu/psychbootcamp

College of DuPage - Semester 4

| Course Number and Title | Credit Hours |
|--------------------------------------|--------------|
| Psych “Perspectives” Course (3 of 4) | 3 |
| Physical Science Course | 4 |
| 3 Elective Courses | 9 |

Other Recommendations

- Continue work with Psi Beta and Research Group
- Identify faculty to write letters of recommendation
- Research scholarship opportunities
- Register for and attend the Midwest Institute for Students and Teachers of Psychology (if spring semester); Consider a student poster presentation

- If transferring into EU and student did not take “Psych Bootcamp” at EU, it is recommended that students take a “Science Bootcamp” immediately before the semester they begin, either in January (if transferring in spring) or August (if transferring in fall). The bootcamp provides an authentic research experience, helps students build community with EU students and faculty, and facilitates a smoother transition into the first semester at EU. Email Dr. Liz Majka at liz.majka@elmhurst.edu for more information. Website Link: elmhurst.edu/keystone

Elmhurst University - Semester 1

| Course Number and Title | Credit Hours |
|---------------------------------------------------------------------------------------------------------|--------------|
| Psych “Perspectives” Course (4 of 4) | 4 |
| Area of Knowledge Course selected from the remaining categories shown on the Transfer Credit Evaluation | 4 |
| Elective Course, Minor Course, or Required Integrated Curriculum Course Requirement | 4 |
| Elective Course, Minor Course, or Required Integrated Curriculum Course Requirement | 4 |

Other Recommendations While at Elmhurst:

- Regularly meet with Elmhurst University Academic Advisor (a full-time psychology faculty member) to discuss classes, potential minors, career options
- Browse Psychology Department Blackboard Organization Page
- Attend Psychology Department Events (career panels, research panels, etc.) and trips (e.g., conference trips)
- Join Psychology Club or at least attend select events
- If eligible, apply to Psi Chi—The International Honor Society in Psychology
- Consider taking PSY 250—Psych Careers course (does not count toward major)
- Attend events hosted by the Weigand Center for Professional Excellence
- Consider gaining research experience by working with a faculty member in their psychology lab (discuss with Academic Advisor)

Elmhurst University - Semester 2

| Course Number and Title | Credit Hours |
|---------------------------------------------------------------------------------------------------------|--------------|
| Psych Elective (1 of 2) | 4 |
| PSY 356 (Research Methods) | 4 |
| Area of Knowledge Course selected from the remaining categories shown on the Transfer Credit Evaluation | 4 |
| Elective Course, Minor Course, or Required Integrated Curriculum Course Requirement | 4 |

Elmhurst University - Semester 3

| Course Number and Title | Credit Hours |
|-------------------------------------------------------------------------------------|--------------|
| Psych Elective (2 of 2) | 4 |
| Elective Course, Minor Course, or Required Integrated Curriculum Course Requirement | 4 |
| Elective Course, Minor Course, or Required Integrated Curriculum Course Requirement | 4 |
| Elective Course, Minor Course, or Required Integrated Curriculum Course Requirement | 4 |

Elmhurst University - Semester 4

| Course Number and Title | Credit Hours |
|-------------------------------------------------------------------------------------|--------------|
| PSY 496 Senior Capstone (or equivalent) | 4 |
| Elective Course, Minor Course, or Required Integrated Curriculum Course Requirement | 4 |
| Elective Course, Minor Course, or Required Integrated Curriculum Course Requirement | 4 |
| Elective Course, Minor Course, or Required Integrated Curriculum Course Requirement | 4 |

The above map completes 126 of the semester hours needed to graduate with a B.A. in Psychology from Elmhurst University. Please note 2 semester hours of credit will need to be added into courses taken at COD or courses taken at Elmhurst University. If taken at Elmhurst, these 2 hours can be taken during a January term or added onto the Fall or Spring terms at no additional cost.

In addition to our traditional undergraduate major in psychology, students who are over the age of 24 may wish to explore the psychology evening program. Details here:

<https://www.elmhurst.edu/academics/departments/psychology/programs/applied-psychology-major/>

Fulfilling Elmhurst University Psychology Major Requirements at COD

Prescribed Major Electives:

After completing General Psychology (PSYCH 1100) and a statistics course (see below), take up to 3 more psychology courses, selecting from different perspectives. Students should take a maximum of 5 psychology courses at COD. Some notes:

- Some COD Psychology classes not listed here may count as psych electives at EU. Contact EU with specific questions.
- A research course will be required for the Psych Major at EU. If a student takes PSYCH 2285 (Intro to Behavioral Research) at COD, it will transfer in as PSY 356 (Research Methods) at COD. In this case, a student should only take 2 perspectives courses at COD.

Statistics

PSYCH 2280 Statistics for Social and Behavioral Sciences (3)

-OR- MATH 1635 Statistics (4)

"Perspectives" in Psychology (Take up to 3 courses at COD)

Developmental Perspectives (Choose 1)

PSYCH 2230 Developmental Psych: Child/Adolescence (3)

PSYCH 2237 Developmental Psych: The Lifespan (3)

Sociocultural Perspectives (Choose 1)

PSYCH 1140 Human Sexuality (3)

PSYCH 2240 Social Psychology (3)

Cognitive & Biological Perspectives (Choose 1)

PSYCH 2215 Cognitive Psychology (3)

PSYCH 2205 Physiological Psychology (3)

Adaptive & Maladaptive Perspectives (Choose 1)

PSYCH 2255 Personality (3)

PSYCH 2260 Abnormal Psychology (3)