

**Community Resources**

## Crisis Support: Dial #988 Direct National Suicide Prevention Line

* [The Trevor Project](https://www.thetrevorproject.org/?gclid=Cj0KCQiAr5iQBhCsARIsAPcwROP32TOlKectQh0LFEfM54Dr4tf0uDgx_fC3VMMD99ZYmPKSvGuQg3MaAvymEALw_wcB): Call 866-488-7386, Text “START” to 678678
* [The Trans Lifeline](https://translifeline.org/): 877-565-8860
* [Blackline for BIPOC folks](https://www.callblackline.com/): 800-605-5841
* [Desi LGBTQ+ Helpline for South Asians](https://www.deqh.org/): 908-367-3374
* [DuPage County Crisis Line: 630-627-1700](https://www.dupagehealth.org/183/Crisis-Services)
* [National Domestic Violence Hotline:](https://www.thehotline.org/) 800-799-SAFE (7233)
* [YWCA Rape Crisis Hotline:](https://ywcachicago.org/our-work/sexual-violence-support-services/rapecrisis/) 888-293-2080 (Chicago Region)

## Housing:

* [360 Youth Services: Emergency Shelter and Transitional Housing](https://360youthservices.org/housing/)
* [DuPage PADS](https://dupagepads.org/)
* [Illinois Department of Human Services Youth Housing List](https://www.dhs.state.il.us/page.aspx?item=76383)
* [Point Source Youth](https://www.pointsourceyouth.org/): National org creating LGBTQ+ inclusive housing

## Health, Wellness and HIV Resources:

**Physical Health Care Options and HRT:**

* [Affirm: The Rush Center for Gender, Sexuality and Reproductive Health](https://www.rush.edu/services/lgbtq-care#%3A~%3Atext%3DAffirm%3A%20The%20Rush%20Center%20for%2Caffirming%20care%20to%20LGBTQ%2B%20people)
* [The Gender Affirming Letter Access Project](https://thegalap.org/need-a-letter/) (resource for letters of readiness for hormones and surgery)
* [Gender Pathways Program at Northwestern Medicine](https://www.nm.org/conditions-and-care-areas/gender-pathways-program) (18+)
* [Howard Brown Health](https://howardbrown.org/) (all ages)
* [Open Door Health Center of Illinois](https://odhcil.org/)
* [Planned Parenthood of Illinois](https://www.plannedparenthood.org/planned-parenthood-illinois/patient-resources/gender-affirming-hormone-therapy) (offers HRT for ages 16+)

# Mental Health Resources:

* [Asian Mental Health Collective](https://www.asianmhc.org/) (Asian, Pacific Islander and South Asian therapist directory)
* [NAMI LGBTQ Recovery Support Group](https://namiillinois.org/online-support-group-registration-information/nami-lgbtq-connection-recovery-support-group/)
* [National Queer & Trans Therapists of Color Network](https://nqttcn.com/en/) (directory of queer and trans therapists of color)
* [Latinx Therapy](https://latinxtherapy.com/) (national directory to find a Latinx therapist)
* [Open Path Collective](https://openpathcollective.org/?gclid=Cj0KCQiA95aRBhCsARIsAC2xvfyPJ1Ltaj5wKmEsQ7RT9U33hVOjV5RUkzKFFr9cWt3CMgMWA3RV54saAn4JEALw_wcB) (directory for affordable in-office and online psychotherapy sessions)

## Spanish Language Resources:

* [Latinx vs Latine](https://latv.com/latine-vs-latinx?fbclid=IwAR0tZf9C4w-8h064r6kLxDDm-5ufWtYsO9UefUgqyfMDxuQOskISr5NNVh4)
* [PFLAG Spanish Language Resources](https://pflag.org/publications)
* [Recursos en Espanol](https://www.hrc.org/es/resources)

## Name Change and Identity Documents:

* [Transformative Justice Law Project’s Intake Form for Name Change Support](https://tjlp.cliogrow.com/intake/712040a6deacd37ae98148e2e0e9913a)
* [Illinois Name Change Forms](https://www.illinoiscourts.gov/forms/approved-forms/forms-approved-forms-circuit-court/name-change) (can be used in any county)
* [Illinois Fee Waiver Forms](https://www.illinoiscourts.gov/forms/approved-forms/forms-approved-forms-circuit-court/fee-waiver-civil) (use these forms to apply for a waiver of court fees for name change)
* [Odyssey E-file IL (Platform for filing name change)](https://illinois.tylerhost.net/ofsweb) (site for electronically filing your name change)
* [National Center for Trans Equality ID Document Center](https://transequality.org/documents) (helpful for knowing how to update your identity documents in each state)
* [Trans Lifeline Microgrants for Name Change and HRT](https://translifeline.org/microgrants/) (Grants open 1st-14th of the month for money to use for name change and hormones)

## Affirming Local Faith Communities in the Western Suburbs:

* [Database for LGBTQ affirming churches](http://www.gaychurch.org/)
* [Keshet](https://www.keshetonline.org/youth/) (programs and events for LGBTQ+ and ally Jewish teens
* [Queer Crescent](https://www.queercrescent.org/) (support groups for LGBTQI+ Muslims)
* [Q Christian Fellowship](https://www.qchristian.org/) (for LGBTQ+ Christians and allies)
* [Dignity USA](https://www.dignityusa.org/) (serves LGBTQ Catholics)
* [GALVA-108](https://www.galva108.org/) (international organization for LGBTQ Hindus and Vaishnava)

For a more extensive list, please email us at [equityandinclusion@elmhurst.edu](mailto:equityandinclusion@elmhurst.edu)