



Elmhurst University  
Counseling Center  
Monday-Friday  
8:00 a.m. - 4:30 p.m.  
Call (630) 617-3565 to make  
an appointment

## **Crisis Resources**

**The Wellness Center is open from 8:00 a.m. - 4:30 p.m., Monday-Friday\*.  
If you need crisis resources outside of that time, please use the information below.**

\*Please note, phone and email are only monitored during business hours.

### **Local Resources:**

If you are on campus and need to speak with someone immediately, contact Public Safety at (630) 617-3000.

If you are off campus, contact a crisis line (see below) or call 911.

**DuPage Department of Human Services 24-Hour Crisis Line:** (630) 627-1700

**DuPage County Talk Line:** (630) 966-9393

### **National Resources:**

**National Suicide Prevention Lifeline:** Call or text 988 or visit [988lifeline.org](https://www.988lifeline.org)

**Crisis Text Line:** Text HOME to 741741, text HOLA to 741741 for Spanish services, or visit [crisistextline.org](https://www.crisistextline.org)

**National Domestic Violence Hotline:** Call 1 (800) 799-7233, text START to 88788, or visit [thehotline.org](https://www.thehotline.org)

**The Trevor Project Lifeline:** Call 1 (866) 488-7386, text 678678, or visit [thetrevorproject.org/get-help](https://www.thetrevorproject.org/get-help)

**LGBT National Help Center:** Call 1 (888) 843-4564 or visit [lgbthotline.org](https://www.lgbthotline.org)

**National Alliance on Mental Illness (NAMI) Helpline:** Call 1 (800) 950-6264, text NAMI to 62640, or visit [nami.org](https://www.nami.org)

**National Sexual Assault Hotline (RAINN):** Call 1 (800) 656-4673, text HOPE to 64673, or visit [rainn.org](https://www.rainn.org)